

Career Development Session

Flinders University, Careers Employer Liaison Centre

A dedicated career development session is held as part of final work placement program session. The session is focused on the application of career development components now and in the future, using both informal and formalized discussions, and written evaluation.

The following are examples of how this is achieved:

Self Awareness

- Open discussion with all participants on how personal aspirations had been developed and explored.
- What & how degree, personal and program specific skills have been further developed and deployed.

Opportunity Awareness

- Strategies to secure work in chosen field.

Decision Making

- Pre placement expectations compared with post placement experiences.
- Exploring the element of chance in career decisions.

Transition Learning

- Job search & resume presentation.
- Strategies for overcoming challenges in securing career goals.
- Adapting to varying environments and requirements.
- Examples of current employment opportunities.

Participants leave with an action plan to address short and medium term career goals, reflecting on key learning.

All participants are offered the opportunity to undertake a formalized reflection process through an individualized career development consultation.